

Michigan State Premier Soccer*

proudly presents: **Dan Freigang, Ph.D**



Recognized as a bright stars in performance psychology, Dr. Freigang is a unique blend of coach-scientist, highly sought after consultant in the world of competitive sports. Dan has published over 100 scientific articles on periodization of mental training, self-confidence and game preparation. His seminal research integrate psychological elements with technical training, has become the standard for professional teams and individuals. Dan consults with the United States National Teams (Jürgen Klinsmann), US Olympic Ski Team, NHL, NBA, MLS, NCAA and Bundesliga.

The value of these lectures is not easy to convey. So for an added incentive, "Manchester United", yes from England, donated an authentic warmup jacket used by one of their players. It will be given away to one lucky attendee.

Sponsored by MSPSP: free for certifying and certified referees and parents.

Friday Dec. 5th 7:00 PM - Audience Target: Grade 9-8 Youth Referees & Parents

Location: Northville Township Hall - Main Auditorium (6 Mile & Sheldon in Northville)

(MSPSP & Michigan Referee Organization would like to thank Northville Township for their support on this lecture and the use of the Township Hall)

Youth Referees: Skills needed when confronted by an upset adult.

Competitive Soccer would not exist without our valued referees. We ask a lot from them. Emotionally charge situation can get the best of us: referees, players, parents and coaches. As a referee we need skills and techniques to manage these intense situations. Most experienced referees have developed methods to avoid or skills to calm emotionally charged coaches, players and parents.

Our special guest speaker, Dr. Dan Freigang will give in sight on how to: how to read body language and be aware of our own, teach some language skills and make us aware of what can be expected of the unexpected.

Michigan Referee Organization highly recommends all referees to attend this unique lecture.

Other lectures in the series: Saturday Dec. 6th

Location: Hillside Middle School Auditorium (8 Mile & Center Street in Northville)

1:00 PM - Audience Target: **Parents** Topic: **Getting Children to Love the Game of Learning**

2:30 PM - Audience Target: **Players with their parents** Topic: **"But...it was a chocolate covered donut, I couldn't help myself! Understanding your brain, emotion and healthy living"**

4:00 PM - Audience Target: **Coaches** Topic: **People Smart**

*Michigan State Premier Soccer's continuing education series are free lectures for: parents, players, referees and coaches. Questions: Steve McGuirk at NorthvilleSoccer@gmail.com or 248 662-5159